

Off the beaten track



PSHE

People experience different feelings associated with loss.

Power and control over different relationships, such as friendships, can be gained through technology and different social situations.

There may be times in life when people experience grief or loss.

Coping with loss or sadness is a difficult task and people experience different feelings associated with loss.

Religion and World Views

Most Hindus (Sanatanis) believe in only one Supreme Being – Brahman – and that all other deities are an incarnation/representation of Brahman to help them to focus on worship.

Most Hindus believe that every living thing has a spark of Brahman (atman) in it and therefore that Brahman exists in every living creature.

Hindu beliefs are expressed through features and practices of worship, including puja.

Festivals and pilgrimage are ways in which some Hindus show their devotion to Brahman.

French

Los Nombres (1-100)

forty – quarante

fifty – cinquante

sixty – soixante

seventy – soixante-dix

eighty – quatre-vingt

ninety – quatre-vingt-dix

one hundred – cent

History

Anglo Saxons: 449 AD - 1066 AD

Vikings: 793 AD – 1066 AD

The Anglo-Saxons and Vikings coexisted.

During this time, there was no police force or prisons like we have today.

Most people found guilty of crimes were punished with fines. **Weregild**, which means blood price, was a system of fines where, if you injured someone, the victim received money. The disputes and punishments for breaking the laws were decided at a **Thing**. The **law speaker** would be at each Thing along with the leader of the community, the **chieftain**.

Primary and secondary sources will help to create questions that enable questions to delve further into your own knowledge. These questions will focus on the change they have seen over a period of time, the reasons for this change, any similarities and differences in the sources.

PE:

Running: Being streamlined (preventing areas that could build wind resistance) affects the speed of your sprinting.
Pacing is being able to run at a consistent pace and maintain this throughout the duration of the race.

Throwing: Transfer of weight and the position of how you throw ball will affect the power and accuracy of the throw.

Jumping: Bending on your take off and using your body weight to thrust you forward affects the distance of your jump.



DT

It is crucial to take into account the properties of ingredients, seasonality and sensory characteristics when choosing ingredients for a stew. The amount of ingredients will depend on the final quantity but the ratio of ingredients needs to stay the same. Varying ingredients might change the taste and texture of a final product. By combining ingredients we can make a nutritious meal. Nutritional value helps us understand how healthy a food is.

Key vocabulary:

Moor	Ration	Self-harm
Claret	Combining	Denial
Rapier	Fieldwork	Despair
Ostler	Hinduism	Hopelessness
Casement	Brahman	Anger
Control	Murti	Acceptance
Situations	Puja	Bereavement
Texture	Avatar	Coping strategies
Composition	Deities	Power
Sources	Mental health	Control
Evidence	Ashamed	Authority
Streamline	Stigma	Assertive
Position	Stress	Influences
Accuracy	Anxiety	Self-control
Ingredients	Support	Abuse

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Computing

Computers communicate and share information through networks and the world wide web.

Discerning means to decide if the information you see is the right information you are looking for.

You can check if a website is reliable by looking at the URL. Addresses which end with .sch.uk, .ac.uk or .gov.uk are educational or government websites so are usually reliable.

Each person will have a different set of boundaries regarding what is shared about them online. Some people will not like photos, videos or tags shared about them online. This will not bother other people. If you have doubts about how reliable a piece of content is you can check it by looking at other sites.

Online Safety

Some people might get positive attention from something online such as sharing a photo of them scoring the winning goal.

Some shares online may get negative responses which can impact someone negatively through comments and responses.

Each person will have a different set of boundaries regarding what is shared about them online. Some people will not like photos, videos or tags shared about them online. This will not bother other people.

To support someone who is worried or upset about others not respecting their boundaries online you can speak to a trusted adult, give them positive and kind words or share ways they can remove the image, video or link.

Private things online can still be captured and shared by others through the screen grab feature.

A screen grab is a digital image that shows the contents of a computer/phone/table display.

Some people may agree to an image being shared, even if they do not want it to.

Other people might respond negatively to inappropriate images through comments or resharing.