

Special Diets Lunch Menu

Week 1



	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
MAIN	Lentil and Tomato Pasta Bake V +	BBQ Chicken & Rice	Roast Chicken With Roast Potatoes and Gravy	Beef Bolognese with Pasta	Crispy Chicken Goujons with Chips
2nd OPTION	Baked Potato with Baked Beans, Vegan Cheese or Coleslaw Ve	Lentil and Tomato Pasta + Ve	Baked Potato with Baked Beans, Vegan Cheese or Coleslaw Ve	Baked Potato with Baked Beans, Vegan Cheese or Coleslaw Ve	Lentil and Tomato Pasta + Ve
VEG / SIDE	Broccoli Ve	Sweetcorn Ve	Carrots Ve	Green Salad and Garden Peas Ve	Carrots & Peas Baked Beans Ve
DESSERT	Raspberry & Lime Cake Ve	Fresh Fruit Salad Ve	Fruit Jelly Ve	Fresh Fruit Salad Ve	Shortbread Biscuit Ve

WHILST RIGOROUS CONTROLS ARE IN PLACE TO MANAGE THE RISK OF CROSS CONTAMINATION, SODEXO CANNOT GUARANTEE ABSENCE OF ANY SPECIFIC ALLERGEN, OUR STAFF WILL BE HAPPY TO TALK TO YOU ABOUT WHAT WE DO IN THE KITCHEN TO REDUCE RISKS OF ALLERGEN CROSS-CONTAMINATION

DISHES MADE WITHOUT FISH, SULPHITES, GLUTEN, DAIRY, EGG, SOYA, PEANUTS, TREE NUTS, MOLLUSCS, CRUSTACEANS, SESAME, MUSTARD, LUPIN, AND CELERY CONTAINING INGREDIENTS



















MENU KEY



Special Diets Lunch Menu

Week 2



	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
MAIN	Roasted Tomato & Lentil Pasta  	Buffalo Chicken with Rice  	Roast Chicken With Roast Potatoes and Gravy 	Chickpea & Sweet Potato Curry with Rice  	Margherita Pizza 
2nd OPTION	Baked Potato with Baked Beans, Vegan Cheese or Coleslaw 	Lentil & Tomato Pasta  	Baked Potato with Baked Bean, Vegan Cheese or Coleslaw 	Baked Potato with Baked Beans, Vegan Cheese or Coleslaw 	Lentil & Tomato Pasta  
VEG / SIDE	Peas 	Sweetcorn 	Fresh Roasted Carrots & Swede 	Broccoli 	Carrots & Peas or Baked Beans 
DESSERT	Vanilla Cookie 	Fresh Fruit Salad 	Fruit Jelly 	Fresh Fruit Salad 	Ginger Cake 

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MENU KEY



Vegetarian



Vegnn

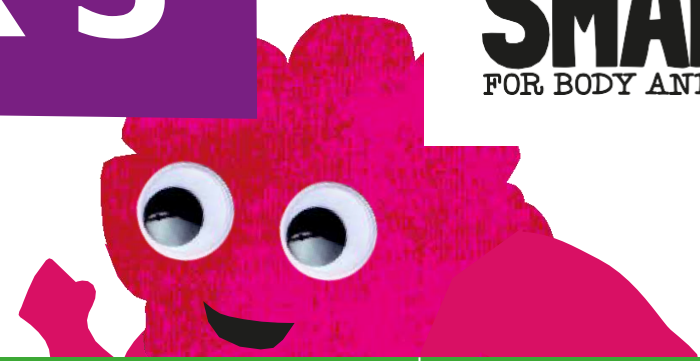


Plant+



Special Diets Lunch Menu

Week 3



	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
MAIN	Tomato & Lentil Pasta	NEW Lemon & Garlic Chicken with Half Jacket Potatoes	Roast Chicken with Roast Potatoes & Gravy	Cottage Pie	Crispy Chicken Goujons with Chips
2nd OPTION	Baked Potato with Baked Beans, Vegan Cheese or Coleslaw	Lentil & Tomato Pasta	Baked Potato with Baked Beans, Vegan Cheese or Coleslaw	Baked Potato with Baked Beans, Vegan Cheese or Coleslaw	Lentil & Tomato Pasta
VEG / SIDE	Sweetcorn	Roasted Cauliflower	Savoy Cabbage & Roasted Squash	Green Beans	Carrots & Peas or Baked Beans
DESSERT	Iced Summer Cake	Fruit Jelly	Fruity Fruit Salad	Fresh Fruit Salad	Chocolate Shortbread

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MENU KEY

